



(Since 1994)

Premier MediCare Services Ltd.

## IgE Allergy / Food Intolerance IgG Test 敏感測試 / 食物不耐性 (IgG) 抗體檢測

### Food Intolerance IgG Test 食物不耐性(IgG) 抗體檢測

Test Description	化驗項目	TestCode	Specimen Required
108 Types Food Intolerance IgG	食物不耐性(IgG) (108 項)	ALLFP1	5ml CB

#### Meat 肉類

Beef (牛肉), Chicken (雞肉), Lamb (羊肉), Lamb meat (羊肉), Pork, Cooked (豬肉, 熟)

#### Fruits 水果

Apple (蘋果), Apricot (杏子), Banana (香蕉), Nectarine (油桃), Orange (橙), Pineapple (菠蘿), Strawberry (草莓), Watermelon (西瓜), Pear (梨), Plum (李子), Grapefruit (葡萄柚), Peach (桃子), Date fruit (棗), Cherry (櫻桃), Lemon (檸檬), Grape (white/blue) (葡萄), Kiwi (奇異果)

#### Nuts & Seeds 堅果及種子

Almond (杏仁), Cashew Nut (腰果), Cocoa bean (可可豆), Hazelnut (榛子), Peanut (花生), Pistachio (開心果), Walnut (核桃), Sunflower seed (葵花籽), Sesame (芝麻), Coconut (椰子)

#### Fish & Seafood 魚及海產類

Crayfish (小龍蝦), Salmon (三文魚), Tuna (金槍魚), Clam (蛤蜊), Prawn (對蝦), Anchovy (鰱魚), Swordfish (劍魚), Trout (鱒魚), Sole (鰨魚), Codfish (鱈魚)

#### Gluten Free Cereals & Alternative Foods 無麩質穀物和替代食品

Millet (黍), Corn (maize) (玉米), Flax seed (亞麻子), Buckwheat Flour (蕎麥麵粉), Rice (米)

#### Gluten Containing Cereals 含麩質穀物

Barley Flour (大麥麵粉), Gliadin/Gluten (麩朮/麩質), Oat Flour (燕麥麵粉), Rye Flour (黑麥麵粉), Spelt (斯佩爾特小麥), Wheat Flour (小麥麵粉)

#### Legumes 豆類

Pea (豌豆), Soya bean (大豆), Lentil (小扁豆), Haricot bean (白腰豆), String bean (刀豆)

#### Dairy & Egg 乳類及雞蛋

Cow milk (牛奶), Goat cheese (山羊酪), Goat milk (山羊奶), Sheep milk (羊奶), Sheep cheese (羊酪), Yogurt (乳酪), Egg yolk - chicken (蛋黃-雞), Egg white - chicken (蛋白-雞)

#### Vegetables 蔬菜類

Egg Plant (茄子), Beetroot (紅甜菜根), Bell pepper (燈籠椒), Broccoli (西蘭花), Carrot (胡蘿蔔), Celery (芹菜), Chili (紅番椒), Cucumber (黃瓜), Horseradish (辣根), Leek (京蔥), Olive (橄欖), Onion (洋蔥), Potato (馬鈴薯), Red cabbage (紫甘藍), Tomato (番茄), Turnip (大頭菜), Spinach (菠菜), Asparagus (蘆筍), Artichoke (菊芋), Zucchini (美洲南瓜)

#### Salads 沙律

Corn salad (萵苣蘿草), Lettuce (生菜),

#### Mushroom 蘑菇

Mixed Mushroom I Oyster mushroom, White mushroom, Shiitake, Chanterelle

混合蘑菇 1 — 平菇, 雙孢蘑菇, 香菇, 雞油

菌Mixed Mushroom II Bay boletus,

Boletus混合蘑菇 2 — 褐絨蓋牛肝菌, 牛肝菌屬

#### Herbs & Spices 草藥及調味料

Pepper (black/white) (黑白胡椒), Cinnamon (肉桂), Nutmeg (肉豆蔻粉), Oregano (牛至), Parsley (歐芹), Basil (羅勒), Peppermint (薄荷葉), Poppy seed (罌粟種子), Rosemary (迷迭香), Vanilla (香草香精), Mustard seed (芥菜種子), Garlic (大蒜), Thyme (百里香葉)

#### Miscellaneous 其他

Brewer's yeast (啤酒酵母), Baker's yeast (麵包酵母), Honey (蜂蜜), Coffee (咖啡), Black tea (紅茶)



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### Food Intolerance IgG Test 食物不耐性(IgG) 抗體檢測

Test Description	化驗項目	Test Code	Specimen Required
216 Types Food Intolerance IgG	食物不耐性(IgG) (216項)	ALLFP2	5ml CB

### Meat 肉類

Beef (牛肉), Chicken (雞肉), Lamb meat (羊肉), Pork, Cooked (豬肉, 熟), Turkey (火雞), Duck meat (鴨肉), Goat (山羊), Goose (鵝), Ostrich (駝鳥), Quail (鸚鵡), Rabbit (兔), Roe deer (麋鹿), Guinea fowl (珠雞), Horse (馬)

### Fruits 水果

Cherry (櫻桃), Grape (white/blue) (葡萄), Kiwi (奇異果), Lemon (檸檬), Nectarine (油桃), Orange (橙), Pineapple (菠蘿), Avocado (牛油果), Strawberry (草莓), Watermelon (西瓜), Pear (梨), Plum (李子), Grapefruit (葡萄柚), Peach (桃子), Date fruit (棗), Lime (青檸), Gooseberry (醋栗), Lychee (荔枝), Papaya (木瓜), Mango (芒果), Pomegranate (石榴), Raspberry (山莓), Rose hip (野玫瑰果), Cantaloupe (哈密瓜), Honeydew melon (蜜瓜), Blackberry (黑莓), Blueberry (藍莓), Cranberry (蔓越莓), Black currant (黑加侖), Red currant (紅加侖), Apple (蘋果), Apricot (杏子), Banana (香蕉), Fig (無花果), Raisin (葡萄乾), Kiwi (奇異果)

### Nuts & Seeds 堅果及種子

Macadamia nut (夏威夷豆), Pine nut (松子), Cola nut (可樂果), Walnut (核桃), Almond (杏仁), Cashew Nut (腰果), Sesame (芝麻), Hazelnut (榛子), Peanut (花生), Pistachio (開心果), Brazil nut (巴西堅果), Sweet Chestnut (栗子), Sunflower seed (葵花籽), Coconut (椰子), Cocoa bean (可可豆)

### Fish & Seafood 魚及海產類

Crayfish (小龍蝦), Salmon (三文魚), Tuna (金槍魚), Clam (蛤蜊), Prawn (對蝦), Anchovy (鰱魚), Swordfish (劍魚), Trout (鮭魚), Sole (鱈魚), Codfish (鱈魚), Carp (鯉魚), Squid (魷魚), Gilthead seabream (金頭鯛魚), Haddock (黑線鱈魚), Pike (白斑狗魚), Crab (蟹), Turbot (大菱鮮魚), Herri (鯉魚), Lobster (龍蝦), Mackerel (鯖魚), Octopus (八爪魚), Oyster (蠔), Sardine (沙丁魚), Caviar (魚子醬), Sea bass (海鱸), Eel (鰻), Ocean Per (金平魷)

### Gluten Free Cereals & Alternative Foods 無麩質穀物和替代食品

Buckwheat Flour (蕎麥麵粉), Rice (米), Flax seed (亞麻籽), Corn (maize) (玉米), Millet (黍), Rapeseed (油菜籽), Carob (角豆莢)

### Gluten Containing Cereals 含麩質穀物

Barley Flour (大麥麵粉), Gliadin/Gluten (麩朮/ 麩質), Oat Flour (燕麥麵粉), Rye Flour (黑麥麵粉), Spelt (斯佩爾特小麥), Wheat Flour (小麥麵粉)

### Legumes 豆類

Chickpea (雞豆), Mung bean (綠豆), Kidney bean (雲豆), String bean (刀豆), Pea (豌豆), Soya bean (大豆), Lentil (小扁豆), Haricot bean (白腰豆), Broad bean (蠶豆)

### Dairy & Egg 乳類及雞蛋

Cow Milk (牛奶), Goat Cheese (山羊酪), Goat Milk (山羊奶), Sheep Milk (羊奶), Sheep Cheese (羊酪), Yogurt (乳酪), Kefir (克菲爾奶), Beta-Lactoglobulin (β-乳球蛋白), Butter (奶油), Camembert (卡門貝乾酪), Emmental Cheese (埃文達乾酪), Casein (酪蛋白), Cottage Cheese (農家乾酪), Mozzarella (莫澤雷勒乾酪), Processed Cheese (加工乾酪), Curd Cheese (凝乳乾酪), Egg yolk - chicken (蛋黃-雞), Egg white - chicken (蛋白-雞)

### Vegetables 蔬菜類

Egg Plant (茄子), Beetroot (紅甜菜根), Bell pepper (燈籠椒), Broccoli (西蘭花), Carrot (胡蘿蔔), Shallot (青蔥), Onion (洋蔥), Celery (芹菜), Chili (紅番椒), Cucumber (黃瓜), Horseradish (辣根), Leek (京蔥), Potato (馬鈴薯), Turnip (大頭菜), Zucchini (美洲南瓜), Artichoke (菊芋), Asparagus (蘆筍), Spinach (菠菜), Tomato (番茄), White cabbage (包心菜), Olive (橄欖), Vine leave (藤葉), Bamboo shoots (竹筍), Brussels sprouts (抱子甘藍), Snow pea (荷蘭豆), Liquorice root (洋甘草根), Jerusalem artichoke (菊芋), Cauliflower (花椰菜), Chard (唐萵苣), Chinese cabbage (大白菜), Fenel (茴香), Gourd (葫蘆), Kale (羽衣甘藍), Radish (蘿蔔), Savoy cabbage (皺葉甘藍), Sweet potato (番薯), Red cabbage (紫甘藍)

### Salads 沙律

Rocket (芝麻菜), Lettuce (生菜), Iceberg lettuce (捲心萵苣), Chicory (菊苣菜), Corn salad (萵苣莖草)

### Mushroom 蘑菇

Mixed Mushroom I, Oyster mushroom, White mushroom, Shiitake, Chanterelle  
混合蘑菇 1 - 平菇, 雙孢蘑菇, 香菇, 雞油菌  
Mixed Mushroom II  
Bay boletus, Boletus 混合蘑菇 2  
一 褐絨蓋牛肝菌, 牛肝菌屬

### Herbs & Spices 草藥及調味料

Basil (羅勒), Pepper (black/ white) (黑白胡椒), Cinnamon (肉桂), Nutmeg (肉豆蔻粉), Oregano (牛至), Parsley (歐芹), Ginger (薑), Peppermint (薄荷), Poppy seed (罌粟種子), Rosemary (迷迭香), Thyme (百里香), Vanilla (香草香精), Mint (薄荷), Dill (莖蘿), Anis (茴香), Bay leaf (乾月桂葉), Chamomile (黃春菊), Caper (刺山柑), Chive (細蔥), Clove (丁香), Coriander (芫荽), Cumin (茴香籽), Marjoram (墨角蘭葉), Saffron (藏紅花柱頭), Sage (鼠尾草), Cayenne pepper (辣椒), Curry (咖喱), Tarragon (龍蒿), Mustard seed (芥菜種子), Garlic (大蒜), Hops (蛇麻草)



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### **Miscellaneous 其他**

Baking powder(發酵粉), Brewer's yeast(啤酒酵母), Baker's yeast(麵包酵母), Honey(蜂蜜), Coffee(咖啡), Black tea(紅茶), Green tea(綠茶), Safflower oil(紅花油), Agar-agar(大菜絲), Aloe Vera(費拉蘆薈)



香港護士協會

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WhatsApp：6476-3520

## 【食物敏感檢測】參加表格

### 申請表格 (護協會員及其親友均可參加)

請填妥以下資料，然後親臨至「香港護士協會」會址 4 樓保險部辦理手續：

參加者姓名：(中) \_\_\_\_\_ (英) \_\_\_\_\_

電話：(手提) \_\_\_\_\_

電郵：\_\_\_\_\_

身份証號碼：\_\_\_\_\_ 出生日期：\_\_\_\_\_

地址：\_\_\_\_\_

會員証號碼：\_\_\_\_\_ 與會員之關係：\_\_\_\_\_

會員姓名：(中) \_\_\_\_\_ (英) \_\_\_\_\_

\* 請參閱「參加者注意事項和化驗地點」及以  選擇項目

食物敏感檢測(108 種) Food Allergy Test(108 Type) 護協價：HK\$2,750

食物敏感檢測(216 種) Food Allergy Test(216 Type) 護協價：HK\$4,700

請以  選擇化驗診所地區

銅鑼灣

佐敦

荃灣

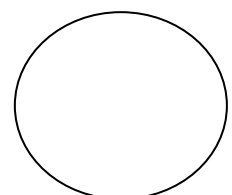
### 護協專用

付款方法： 易辦事 EPS  Visa 信用卡  微信支付  支付寶

付款金額：\_\_\_\_\_ 收據號碼：PINSR \_\_\_\_\_

經手人：\_\_\_\_\_ 日期：\_\_\_\_\_

備註：PMS \_\_\_\_\_



護協蓋章

## 參加者注意事項：

1. 申請一經確定，閣下可於兩日後致電 V-Care 熱線預約。
2. 請先填妥以上資料連同所需的款項，然後親臨至「香港護士協會」會址 4 樓保險部辦理手續（親臨需出示會員証正本）。
3. 此計劃一經確定，不可退款或轉讓他人。
4. 本會不會補發遺失的申請表格或付款收據。
5. 此檢查服務由 V-Care 提供，對於 V-Care 提供之優惠服務質素，護協概不承擔任何責任。
6. 檢查當日需交回付款收據正本及已蓋印之申請表格正本。
7. 護協 Whatsapp 查詢: 6476 3520